

COD YMDDYGIAD I RIENI A GWYLWYR

- 1** Canolbwyntio ar ymdrech yn hytrach nag ennill neu goli 
- 2** Parchu dyfarnwyr, swyddogion, hyfforddwr, chwaraewyr a gwylwyr 
- 3** Rhoi gwybod i hyfforddwr neu gapten y tîm am unrhyw broblemau lles 
- 4** Mae ymdrech onest a gwaith tîm yr un mor bwysig â buddugoliaeth 
- 5** Parchu penderfyniadau'r dyfarnwr a dysgu'r bobl ifanc i wneud yr un peth 
- 6** Cofiwch mai er pleser iddyn nhw, ac nid chi, mae'r bobl ifanc yn cymryd rhan 
- 7** Mae pobl yn dysgu drwy esiampl – rhaid gwerthfawrogi perfformiadau safonol 
- 8** Gadael i'r hyfforddwr gyflawni ei rôl 
- 9** Peidio byth â chodi cywilydd ar berson ifanc na'i geryddu 
- 10** Annog datrys unrhyw anghytuno'n gyfeillgar 
- 11** Dangos gwerthfawrogiad o wirfoddolwyr a gweinyddwyr 
- 12** Cefnogi pob ymdrech i gael gwared ar iaith anweddus neu'n cam-drin 



CODE OF CONDUCT PARENTS AND SPECTATORS

1

Focus on effort rather than winning or losing



2

Respect umpires, officials, coaches, players and spectators



3

Inform the coach or captain of any welfare issues



4

Honest effort and teamwork are as important as victory



5

Respect official decisions and teach the young to do the same



6

Remember the young participate for their enjoyment, not yours



7

People learn by example – appreciate quality performance



8

Allow the coach to play their role



9

Never ridicule or admonish a young person



10

Encourage amicable disagreement resolution



11

Show appreciation for volunteers and administrators



12

Support all efforts to remove bad or abusive language



COD YMDDYGIAD Y CHWARAEWYR



Ysgwyddo cyfrifoldeb personol am sicrhau eich bod wedi'ch yswirio'n addas ar gyfer y gweithgareddau



Derbyn llwyddiant a methiant, buddugoliaeth a cholled gydag urddas



Peidio byth â defnyddio iaith nac ystumiau amhriodol



Parchu dyfarnwyr, swyddogion, hyfforddwr, chwaraewyr a gwylwyr



Peidio byth â chymryd rhan o dan ddylanwad alcohol neu gyffuriau



Parchu hawliau, urddas a gwerth pobl eraill



Gwarchod eraill sy'n ymwneud â'r gêm rhag cam-drin llafar neu gorrfforol ac ymddygiad sy'n bygwth neu'n codi ofn



Parchu ysbryd chwarae teg mewn hoci



Ymddwyn mewn ffordd sy'n cymryd pob cam rhesymol i warchod eich diogelwch eich hun a diogelwch eraill.



Hybu enw da'r gamp a chymryd pob cam rhesymol i atal dwyn anfri arni.



Gosod esiampl bositif i eraill, yn enwedig gwylwyr a chyfranogwyr ifanc



PLAYERS

CODE OF CONDUCT



Take personal responsibility to ensure that you are suitably insured for activities



Accept success and failure, victory and defeat with dignity



Never use inappropriate language or gestures



Respect umpires, officials, coaches, players and spectators



Never participate under the influence of alcohol or drugs



Respect the rights, dignity and worth of others



Respect the spirit of fair play in hockey



Conduct yourself in a manner that takes all reasonable measures to protect your safety and the safety of others



Promote the reputation of the sport and take all possible steps to prevent it from being brought into disrepute



Protect others involved in the game from verbal or physical abuse and threatening or intimidating behaviour



Set a positive example for others, particularly young participants and spectators

